GARMENT MAKING

PREAMBLE

The course in Garment Making at the senior secondary school level is intended to satisfy the generic desire of every woman / man to learn garment making skills. This will enable learners earn their livelihood by way of effective sewing of garments, creating jobs and be self reliant after graduation.

OBJECTIVES

The Garment Making syllabus is aimed at testing the basic knowledge and understanding of candidates in:

- Manipulative skills that will enable students to effectively function in their community and the larger society;
- Developing interest and passion for garment making / design which will lead students to start up self – employed ventures;
- Creativity, aesthetic values, attitudes and skills development;
- Developing interest in locally made fabrics and self made articles;
- Appreciating entrepreneurship / small businesses for job / wealth creation towards improving the individual, family and the nation;
- Appreciating the dignity of labour;
- The selection, use and maintenance of sewing equipment;
- Selection of appropriate clothing for all occasions and figure types;
- Pattern making and free hand cutting.

EXAMINATION SCHEME

There will be three papers, Papers 1, 2 and 3; all of which must be taken. Papers 1 and 2 will a composite paper to be taken at one sitting.

PAPER 1: This will comprise forty multiple choice questions to be answered in 40 minutes for 40 marks.

PAPER 2: This will comprise five short essay questions out of which candidates will answer four within 45 minutes for 40 marks.

PAPER 3: This will be a test of practical work. It will comprise four short structured questions. Candidates will be required to answer all the questions in 40 minutes for 40 marks.
<table>
<thead>
<tr>
<th>TOPIC</th>
<th>CONTENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. INTRODUCTION TO GARMENT MAKING</strong></td>
<td></td>
</tr>
</tbody>
</table>
| (a) **The importance of clothes/garments** | i. Reasons for wearing clothes/ garment  
ii. Identification of clothing items  
iii. Identification of clothes/garments for different occasions |
| (b) **The Concept of Garment Designing** | i. Definition of garment designing  
ii. Principles of design  
iii. Element of design  
v. Factors that influence garment designing e.g. age, figure type, etc |
| (c) **Economic importance of Garment Designing** | i. Importance of garment designing to the individual, the family  
ii. Economic value of garment making |
| (d) **Entrepreneurship in Garment Making** | i. Entrepreneurship /small business management  
ii. Qualities of an entrepreneur  
iii. Advantages of entrepreneurship  
v. Factors to be considered when going into garment making business |
| **2. SEWING TOOLS AND EQUIPMENT** | |
| Simple sewing tools and equipment | i. Identification of various types of sewing tools and equipment  
ii. Classification of sewing tools and equipment according to functions viz:  

- Measuring  
- Marking  
- Cutting  
- Joining  
- Pressing  
- Fitting  
- Storing |
| The sewing machine | i. Types of sewing machine  
ii. Use of different types of sewing machines  
iii. Parts of a sewing machine and their functions |
| Care of sewing tools and equipment | i. Importance of care and maintenance of |
## 3. Basic Sewing Processes

### Basic Stitches
- Types of stitches: temporary and permanent
- Uses of various stitches
- Procedures for making stitches

### Seams and Seam Finishes
- Seams
- Types of seams and where they are used
- Types of seam finishes
- Points to consider when choosing a seam

### Disposal of Fullness
- Methods of disposing fullness e.g. dart, pleats, gathers, etc
- Procedures for making darts, pleats, gather, etc.

### Facing and Interfacings
- Types of facings
- Functions of facing
- Types and functions of interfacings
- Other edge finishes

### Facings and Interfacings
- Types of openings
- Types of fastenings
- Functions of openings and fastenings

## 4. The Concept of Patterns

### Patterns
- Pattern drafting
- Advantages of the use of patterns
- Tools and equipment for pattern drafting
- Pattern markings and symbols

### Ways of Obtaining Patterns
- Different ways of obtaining patterns e.g. draping, flat pattern method, and computer-aided design, etc.

### The Freehand Method
- Freehand method of cutting
- Techniques involved in freehand method of cutting

### Body Measurements
- Importance of taking accurate body measurements
- Essential body parts to be measured
- Procedure for taking body measurements

### Drafting of Bodice Block
- Measurements for drafting bodice block
- Drafting bodice blocks

### Drafting of Shirt Block
- Measurement for drafting skirt block
- Drafting of skirt block
1. Drafting of basic sleeve blocks
   i. Measurements for drafting the sleeve blocks
   ii. Drafting the sleeve block

2. Drafting of basic collar
   i. Measurements for drafting the basic collars
   ii. Drafting of basic collars e.g. peter-pan/ flat collars,
       tie collars,

3. i. Drafting basic skirt blocks
   ii. Measurements for drafting skirt blocks
   iii. Drafting of skirt blocks
   iv. Adaptation of skirt patterns
   v. Techniques of pattern adaptation viz: darts
       manipulation, slash and spreading methods
   vi. Adaptation of skirt styles from the skirt blocks

4. j. Drafting of basic trouser blocks
   i. Measurement for drafting trouser blocks
   ii. Drafting of trouser blocks
   iii. Adaptation of trouser and knicker patterns
   iv. Adaptation of different trouser styles from trouser blocks

5. k. Adaptation of other outfits, e.g.,
    gowns, jumpers, e.t.c.
   i. Adaptation of gowns from bodice / blouse patterns
   ii. Adaptation of jumpers from the shirt / trouser block of
       patterns

5. FIGURE TYPES AND GARMENT MAKING
   Figure types
   i. The three main figure types
   ii. Variations of the main figure types

   Fabric selections for the various figure types
   i. Colour suitable for the various figure types
   ii. Texture appropriate for the various figure types
   iii. Design / pattern suitable for the various figure
       types e.g. lines, prints, e.t.c.
   iv. Design / pattern suitable for the various figure types

   Choice of styles
   i. Styles suitable for various figure types e.g. figure with
       large burst, figures with large hips, figures with thin
       waist, e.t.c.
   ii. Solving figure problems using styles features

6. ADAPTATION OF PATTERNS
   Adaptation of blouse patterns
   i. Meaning of pattern adaptation
   ii. Techniques of pattern adaptation e.g. darts manipulating,
       slashing, and spreading, e.t.c.
   iii. Adaptation of blouse patterns using the bodice blocks

   Adaptation of skirt pattern
### Adaptation of sleeves
- Techniques of pattern adaptation (continue)
- Adaptation of skirt styles using the skirt blocks

### Adaptation of collars
- Techniques of pattern adaptation with emphases on slashing and spreading method
- Adaptation of sleeve styles using the basic sleeve blocks
- Adaptation of collar styles using the basic collar blocks
- Adaptation of some collars from necklines of blouse/skirts

### 7. SEWING OF BLOUSES /SHIRTS

**Practical construction of blouse / skirt**
- The unit method of sewing
- Application of the unit method and basic sewing processes in making blouse and skirts

**Practical construction of skirt, trousers, gowns and jumpers**
- Revisions of the unit method of garment making business
- Application of the basic garment making processes in sewing skirts, trousers, gowns and jumpers

### 8. SETTING UP A GARMENT BUSINESS

**Minimum requirements for setting up a garment making business**
- Basic requirement for garment making business
- Estimate of the cost of the minimum requirements

**Factors that can affect small business**
- Factors that contribute to success of small businesses
- Factors that contribute to failure of small businesses

**Financing a business**
- Finance
- Sources of finance for a small business
- Managing finance

**Profit / price fixing**
- Determination of profit margin
- Factors to consider in fixing a price

**Customer relationship**
- Maintaining healthy customer relationship
- Customer credit

**Record keeping**
- Types of records necessary for small businesses
- Importance if record keeping.

**Promoting a business**
- Meaning of business promotion
- Types of promotion activities
- Importance of business promotion
ITEMS REQUIRED FOR EFFECTIVE TEACHING OF GARMENT MAKING

- Different types of sewing machines
- Large cutting table
- Storage cupboard or wardrobe
- Standing mirror
- Dress form
- Pressing Iron
- Long ruler
- T – squire
- Arm hole/neckline curves
- Cutting shears
- Paper scissors
- Needles (hand sewing)
- Machine needles
- Hangers
- Ironing sheets and blankets
- Long mirror
- Screen
- Ironing boards
- Tracing wheel
- Pins
- Pin cushions
- Seam reaper
- Brooms, brushes and duster
- Waste paper bins
- Tailor’s chalk
- Brown paper
- Calico